

COACH

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NEWS & VIEWS

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## News

### Coaching Across Cultures

In November 2006 Alison will build on her knowledge of working within different company and international cultures by participating in a new training workshop in Brussels. The workshop will bring alive the wisdom and techniques developed by the renowned author and coach, Phillippe Rosinski in his book "[Coaching Across Cultures](#)". More information to follow after the workshop.

### Coaching Event in Aberdeen is a Success



Alison is Team Co-ordinator for the brand new Aberdeen branch of the [Association for Coaching](#). The inaugural event was held on **Wed 4th October 2006** and included presentations from Nicola Russian, Acting Head of AC (Scotland) and Peter Hill, author, coach and speaker from CFM. The event was a resounding success, not only due to the high quality of presentations, but also input and ideas from the 35 plus

## Views

The views section contains information on resources and websites that may be of interest to you. It is updated regularly, so please come back and visit us soon!

### Websites & Newsletters:

[www.cipd.co.uk](http://www.cipd.co.uk) (New article on Coaching Supervision - Sept 06)

[www.moretolife.org](http://www.moretolife.org) (More to Life Weekends run regularly in the UK and internationally. Powerful and simple tools to help you live a happy life.)

[www.compass360.net](http://www.compass360.net) (Providers of bespoke 360 degree feedback tools for individuals and teams.)

[www.themindgym.com](http://www.themindgym.com) (Concise bites of learning hit your inbox monthly when you subscribe)

[www.aboodi.net](http://www.aboodi.net) (Reflect on your interactions with people and the world by subscribing to Aboodi's excellent "Stirring the Soul" Newsletter.)

[www.cipd.co.uk/coachingatwork](http://www.cipd.co.uk/coachingatwork) (The CIPD's new magazine and online resource. Get a free copy of the special launch issue.)

[www.mike-wilkinson.com](http://www.mike-wilkinson.com) (If you like our team photos then contact Mike. As well as being extremely talented, he is a joy to work with!)

[www.zincweb.co.uk](http://www.zincweb.co.uk) (Mark Chinery worked with us to develop GAIN's website. Bringing expertise and creativity to the table, he'll focus on your needs with admirable patience!)

### Books:

["Loving What Is"](#) by Byron Katie (Four simple questions that can change your life. Great book. DVDs also available)

participants on what this forum might provide in the future. These events are open to coaches and those with an interest in coaching. Next event is in January 2007. [Email](#) Alison to find out more.

### You Like It!

We are delighted that our new website has been so universally well received. Some of your comments:



***“Great web site!!! I think we should meet up and chat about future opportunities.”***

***“Enjoyed your web site, nice style and great content - I particularly liked the personal profiles”.***

***“Excellent informative site.”***

***“Really easy to navigate and I love the section on the team, the photo's are fantastic, you really get a feel for what the company is all about.”***

Thank you for taking time to let us know what you think, and please continue to do so!

Your [feedback](#) is most welcome!

**[“Co-Active Coaching”](#)** by Laura Whitworth ISBN 0-89106-123-L (Thorough, practical, inspirational)

**[“Get Everything Done and Still Have Time for Play”](#)** by Mark Forster ISBN 0-340-74620-3 (We can't manage time – only our attention. Best book we've read on time & task management.)

**[“Conquer your Stress”](#)** by Cary L Cooper & Stephen Palmer ISBN 0-85292-853-X by Dr Stephen Palmer ISBN (Expand your knowledge of stress reactions and how to come out of the stress cycle)

 [Printable Version](#)



gain growth; to advance; to progress; to reach; to win (over); gainful; profitable; advantageous; devoted to gain



To discover how we can support your specific needs, we need to talk.

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