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### Our Team and Values

We are a team of highly experienced coaches, facilitators & trainers who are:

- focussed on enhancing business performance & personal well being
- dedicated to maintaining relationships with clients based on mutual trust & respect
- skilled at creating positive attitudes in times of change
- based in Aberdeen, Scotland and working internationally
- passionate about our work, with an enthusiasm that's catching!



### Profiles

- Alison Bremner**
- Daniela Yarnold**
- Steve Thomson**
- Moe Bruce**
- Annette Evans**
- Frances Grant**
- Dorothy Burke**

 [Printable Version & Profiles](#)

***"We found the team building to be of great value to our leadership team. It was great to see a light come on in someone's eyes and listen to the conversations that ensued. You managed our sessions really well and contributed greatly to the end product. You achieved this through excellent communication and creating an atmosphere that was both relaxing and challenging. The room had a real "wow" factor. The bigger the wow factor became, the more we seemed to get involved. The whole event exceeded all our initial expectations."***

*George Whitten & John Hall, OIMs, Chevron*



gain growth; to advance; to progress; to reach; to win (over); gainful; profitable; advantageous; devoted to gain



To discover how we can support your specific needs, we need to talk.  
**Contact us** today or phone +44 (0) 1224 209988