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Steve Thomson

Steve Thomson is extremely passionate about personal and corporate development, and makes a valuable contribution by providing 1:1 coaching and delivering inspiring programmes, which include emotional intelligence, motivation, and NLP. He brings a great deal of energy and enthusiasm, and a very open style which encourages others to feel secure in honest, straightforward dialogue.

He previously had a career spanning 15 years with GlaxoSmithKline, including senior line management roles in a fast moving production environment. He has first hand experience in change management, including rapid expansion, major project implementation, significant downsizing and cross-cultural issues.

Steve's recent portfolio of projects includes: - emotional intelligence for a high potential group, delivering 1:1 peak performance coaching to a Site Leadership team managing 800 staff, and delivering a coaching skills workshop to embed a coaching culture into an organisation.

Steve has an international racket sports background, having represented Scotland at badminton and racketlon. He uses his skills in sports psychology to help athletes excel.

With a Coaching Diploma accredited to the European Coaching Institute, Steve is registered to deliver the Insights Discovery personal profiles and Team Effectiveness system. He is a graduate of the internationally renowned Anthony Robbins Mastery University personal leadership suite of programmes and holds a BSc in Chemical Engineering.

He lives in Stonehaven with his wife Sheila, and 2 daughters – Kirsty (11) and Holly (8). Hobbies include racket sports, golf, skiing and any family activities.

Profiles

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gain growth; to advance; to progress; to reach; to win (over); gainful; profitable; advantageous; devoted to gain



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